



High School Café Breakfast Menu

November 2017

30

Benefit Bar
Egg Omelet
Breakfast Sausage Pizza
Assorted Cereal

31

Vanilla Glazed Whole Grain Donut
Cheesy Egg Biscuit
Turkey Pancake Wrap
Assorted Cereal Bars

01

Cinnamon French Toast
Breakfast Sausage Pizza
Puffed Pastry Square
Yogurt & Graham Crackers

02

Whole Grain Pancakes
Sausage, Egg & Cheese Bagel
Turkey Pancake Wrap
Assorted Cereal

03

NO SCHOOL

06

Cinnamon French Toast
Breakfast Sausage Pizza
Egg & Cheese English Muffin
Yogurt & Cheese Stick

07

Bagel & Low Fat Cream Cheese
Turkey Pancake Wrap
Cheddar Cheese Omelet with Whole Grain Toast
Assorted Cereal

08

Cinnamon Breakfast Round
Benefit Bar
Yogurt & Graham Crackers
Breakfast Sausage Pizza

09

Cinnamon Sugar Whole Grain Donut
Assorted Cereal Bars
Country Chicken Biscuit
Turkey Pancake Wrap

10

Benefit Bar
Cheesy Chicken Ham Biscuit
Breakfast Sausage Pizza
Assorted Cereal

13

Whole Grain Waffles
Assorted Cereal
Breakfast Sausage Pizza
Egg Omelet

14

Glazed Whole Grain Cinnamon Roll
Turkey Pancake Wrap
Cheesy Chicken Country Biscuit
Yogurt & Cheese Stick

15

Cinnamon Breakfast Round
Assorted Cereal Bars
Breakfast Sausage Pizza
Assorted Puff Pastry Squares

16

Whole Grain Pancakes
Turkey Pancake Wrap
Country Chicken & Cheese English Muffin
Yogurt & Graham Crackers

17

Vanilla Glazed Whole Grain Donut
Benefit Bar
Assorted Cereal
Breakfast Sausage Pizza

20

Bagel & Low Fat Cream Cheese
Yogurt & Cheese Stick
Egg & Cheese Muffin
Breakfast Sausage Pizza

21

Whole Grain Pancakes
Egg & Cheese Omelet
Turkey Pancake Wrap
Assorted Cereal

22

NO SCHOOL

23

NO SCHOOL

**HAPPY
THANKSGIVING**

24

NO SCHOOL

27

Whole Grain Pancakes
Yogurt & Graham Crackers
Assorted Cereal
Breakfast Sausage Pizza

28

Glazed Whole Grain Cinnamon Roll
Egg Omelet
Assorted Cereal Bars
Turkey Pancake Wrap

29

Bagel & Low Fat Cream Cheese
Assorted Cereal
Breakfast Sausage Pizza
Country Chicken & Cheese English Muffin

30

Benefit Bar
Yogurt & Cheese Stick
Cheesy Ham Biscuit
Turkey Pancake Wrap

01

Waffle & Syrup
Egg Omelet
Breakfast Sausage Pizza
Assorted Cereal Bars

Daily Offerings...

100% Fruit Juice and Variety of Whole Fresh Fruit

1% Unflavored Milk & Unflavored Skim Milk

Hash brown Patties

Variety of cereal, cereal bars, puff pastry squares, crackers, yogurt and cheese.

Start your day off right and Enjoy a FREE breakfast daily!!!

Join us for breakfast in the Main Café for hot breakfast and grab n go items or The School Korner Store for yogurt smoothies and grab n go items.